

Bristol Stool Chart

Type 1



Separate hard lumps, like nuts
(hard to pass)

Type 2



Sausage-shaped but lumpy

Type 3



Like a sausage but with cracks on
its surface

Type 4



Like a sausage or snake, smooth
and soft

Type 5



Soft blobs with clear-cut edges
(passed easily)

Type 6



Fluffy pieces with ragged edges, a
mushy stool

Type 7



Watery, no solid pieces.
Entirely Liquid